

Disclaimer

Lisa Harbour - *Biographical Arts Counselling*

General Information The information on this website is provided in good faith and for general guidance only. However, I cannot guarantee that it will always be complete, reliable or suitable for your individual circumstances.

Any decisions or actions you take based on the information on this website are your own responsibility.

Website Content and Therapeutic Relationship The content on this website is for general information only and does not constitute counselling or create a therapeutic relationship.

A formal therapeutic relationship begins only after we have both agreed to work together and have signed a working agreement.

If you are unsure whether my services are right for you, you are welcome to get in touch. I would be happy to discuss this with you.

Professional Membership I am an Accredited Member of the British Association for Counselling and Psychotherapy (BACP) and work in accordance with their Ethical Framework for the Counselling Professions. You can verify my registration on www.bacp.co.uk.

If You Are in Crisis This website is not a crisis or emergency service.

If you are in immediate distress or feel at risk, please seek support straight away -

- Emergency services: 999
- Samaritans: 116 123 (free, 24/7)
- Your GP or local NHS urgent mental health service

Access to the right support is important. If you are unsure where to turn, you can find further guidance here: www.bacp.co.uk/about-us/safeguarding-and-protecting-people.

Third-Party Links This website may include links to external websites for your convenience. While I aim to share helpful and reputable resources, I do not have control over their content or availability.

Including a link does not mean I endorse everything on that website.

Please note that external websites have their own privacy policies and terms of use. I recommend reviewing these before sharing personal information.

Limitation of Liability I cannot accept responsibility for any loss, damage or difficulties that may arise from using this website or relying on its content.

Consent By using this website, you confirm that you have read and understood this disclaimer and agree to its terms.

Updates This disclaimer may be updated from time to time to reflect changes in practice or legal requirements.

Concerns or Complaints If you have concerns about the professional conduct of a BACP member, information about the complaints process can be found at www.bacp.co.uk.

For details about how your personal data is handled, please see the Privacy Policy and Confidentiality Statement documents available on my website www.biographicalartscounselling.co.uk.